



Victoria Youth Empowerment Society

YES provides programs and support to youth ages 13-18 (unless otherwise stated) and their families/caregivers. Our main office (located at 533 Yates St) is open Monday-Friday from 9:00am-5:00pm for drop-in support for the youth and families of Greater Victoria.

Alliance Club

The Club provides a safe, healthy alternative for youth (13-19) to 'hanging out' in the downtown core and a connecting point for street entrenched youth who may wish to explore a more positive lifestyle. Services include an evening meal program, shower and laundry facilities, hygiene products and some recreational activities.

Kiwanis Emergency Youth Shelter (KEYS)

KEYS is a 10-bed facility that responds to a wide range of crises, including parent/teen conflict, issues of abuse and youth homelessness. Counsellors are available on a 24-hour basis to provide support.

Specialized Youth Detox

SYD is a 5-bed voluntary non-medical withdrawal management program for all youth who want support with detoxification from alcohol and other drugs. The program offers youth the ability to stay up to 10 days (with the possibility of an extension) to detox and stabilize both physically and emotionally.

Summer Opportunities Program (SOP)

SOP is a summer daytime drop-in activity program for youth. SOP focuses on providing free recreational activities in the downtown Victoria area. Lunches are included and the program runs Mon-Fri during the summer months.

Life Skills Program

Through individual and group work, Counsellors work to improve a youth's life skills in areas such as: self-esteem, healthy relationships, stress management, healthy relationships, family dynamics, anger management (among others). The program emphasizes creating a positive attitude towards learning, growth and personal development.

Supported Independent Living Program (SIL)

SIL provides the supports necessary to ensure the successful transition of youth to independence and supports youth aged 16-24. The program integrates accommodation support, personal management skill building and individual support services as components in making a smooth transition to adulthood.

Daytime Youth Drop-In

YES' daytime drop-in connects youth to healthier opportunities by providing support and referrals. Youth receive assistance in obtaining legal, medical, and employment information, as well as some basic need items. A phone and message system, computers and access to drop-in counselling support is also available Monday-Friday from 9am-5pm.

Youth & Family Support Services (YFSS)

YFSS provides support, short- and longer-term counselling and outreach services to youth and parents/caregivers. The objective is to provide the necessary interventions required to support the safety, well-being of youth and families.

Youth Services Outreach Program (YSOT)

YSOT provides initial and immediate contact with youth, and their families in order to provide support, facilitate prevention/diversion, early identification and crisis intervention to reduce risks to youth and their families.

Youth Wellness Program

The Youth Wellness Program supports youth who are experiencing a wide range of vulnerabilities. Group activities and individualized supports are offered to help youth develop social, life, and coping skills; stress management strategies; community connections; and confidence in their abilities. Includes SHIFT and Anxiety Group.